

ASTEFOR

L-Arginine

Semi-essential amino acid.

L-arginine is a key amino acid involved in several essential metabolic functions.

It is the precursor of nitric oxide (NO), a molecule that plays a crucial role in regulating vascular tone:

- It promotes vasodilation, meaning the relaxation of blood vessel walls, thereby improving blood flow.
- It helps enhance tissue oxygenation, particularly in muscles.
- It contributes to maintaining normal erectile function by supporting the vascular mechanisms involved.
- It plays a role in creatine synthesis, which is essential for rapid muscle energy production.
- It supports physical capacities and performance during intense exertion.

Malic acid

An organic acid naturally found in fruits.

Malic acid is a key intermediate of the Krebs cycle, the central process of cellular energy production:

- It contributes to transforming nutrients (carbohydrates, fats, proteins) into ATP, the cell's primary energy source.
- It supports efficient mitochondrial energy metabolism.
- It helps reduce muscle fatigue related to physical exertion.
- It plays a role in recovery mechanisms after physical activity.



EFFICACY AND USES

- Improvement of physical vitality
- Support for cellular energy production
- Optimization of blood circulation
- Maintenance of normal erectile function
- Enhancement of endurance
- Reduction of fatigue

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